

UNISON-Global "Stay Positive Project"

June, 2020 UNISEC-Global Office





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Introduction

- Due to outbreak of COVID-19, world is facing challenging times, and because of that a lot of UNISEC-Global activites got cancelled. And, as a result, we could not meet with each other as we always did.
- However, we strongly believe that we need to stay together mentally and be supportive of each other.
- That's why we came up with an idea of new project.



Idea for the project

- This is the first project of UNISON-Global.
- This is a student-project which is launched in order to know how UNISEC-Global student members transformed their lives during pandemic into positive life attitudes.
- By seeing what student members did during difficult times may introduce new innovative solutions, ideas to other members.
- By participating in the project, student members can know and connect with each other by seeing each other's messages on UNISEC-Global Facebook and Instagram pages.
- As a result, strong UNISON-Global student network will be achived.





"Stay Positive Project" overview

- **START:** May 8th, 2020;
- GOAL: build UNISON-Global network through sharing messages from student members on how UNISEC-Global activity helps them to maintain positivity and productivity during pandemic;
- GOAL Participants: 20 participants
- TARGET Participants: UNISEC-Global student representatives & student members;
- CURRENT PROGRESS: 2 participants;
- TIME FRAME: till end of 2020

*the messages are uploaded to UNISEC-Global SNS.





"Stay Positive Project" is uploaded to UNISEC-Global SNS:

@unisecglobal

f



@unisec_global





BROCHURE



Stay Positive Project

We kindly invite you to participate in the "Stay Positive Project" and share your message with the UNISEC Community. The purpose of the project is to connect with UNISEC-Global members through the stories we share, and mentally support each other during this difficult and uncertain times.

We hope to reach as many UNISEC-Global members as possible.

Topic: "How I stay positive during Corona crisis" Length: several sentences OK! Language: English Deadline to submission: December 31, 2020 Submit to: unisecglobaloffice@gmail.com *Please attach the photo which will best match your message.

We are looking forward to your participation in the "Stay Positive Project" project.

Let's stay positive together!

The selected messages will be posted on our Facebook and Instagram accounts:





For inquires please contact us:

unisecglobaloffice@gmail.com



munisec-global.org







"Vision 2030-All" & "Stay Positive Project"

- This project was launched to complement the UNISEC-Global "Vision 2030-All" which goal is to "create a world where university students can participate in practical space projects in all countries".
- By participating in the project, student members from different countries around the world get to know each other and therefore, broaden their network through Facebook and Instagram.
- Through close network students can work together towards creating new ideas, projects, etc.





UNISEC Secretariat stays positive and productive



Photo: UNISEC Secretariat during zoom meeting, May 2020



"Stay Positive Project" participants



UNISEC GLOBAL

"Stay Positive Project"

How I stay positive during Corona crisis

UNISEC-Global student intern participated in the project on May 18th, 2020.



We are all now facing the situation like never before. Everyone in each own or similar way. The whole world is on the lockdown while the medical and essential workers are on the frontlines handling with the challenges brought by the newly emerged Covid-19 virus.

My name is Madina and I am a $2^{\alpha l}$ year Graduate student living in Chiba, Japan. With the outbreak of Corona virus in Tokyo my university classes were stopped. As the

response to the new Covid-19 virus the distance learning system will be the main course of studying until the situation stabilizes and we can safely return to classes held in University.

With the declaration of the emergency state in Japan most of the time I spend by myself. I try to spend the time I got at home effectively and productively by doing my research readings and keeping physical activity through yoga practices. Nevertheless, doing UNISEC internship at home me and my colleagues are in close contact working and supporting each other through smiles and laugh. While working on the translation of UNISEC-Global "Guiding Principles" I had a chance to see how UNISEC people around the globe worked and helped each other. Even though we have not met each other, through UNISEC we were able to work as a team and contribute to a common mission.

In pandemic times like this we need to keep the new rules like social-distancing, but do not forget that we still need to stay together.



"Stay Positive Project" participants





"Stay Positive Project" How I stay positive during Corona crisis

As Theophrastus said: "Time is the most valuable thing a man can spend."

During the unusual circumstances hampering the big wheel of the world. People are set in lockdowns for an unknown period because of the widespread of Covid-19 virus. However, many heroes like doctors and policemen, are sacrificing their lives to pave our way into security.



My name is Thameur from Sousse, Tunisia. I'm a 2nd year PhD student working with the Center for Research in Microelectronics and Nanotechnology (CRMN). Due to this epidemic, social distancing is a mandatory procedure for our safety. As a consequence, all universities were closed till the end of the crisis.

Personally, the outbreak of this virus turned out to be a blessing in disguise.

In fact, I started to adjust my lifestyle by setting up new challenges to adapt with the unexpected situation. Academically, I spend most of my time on reading books, learning new programming skills, attending webinars, whereas all of these things have engaged to improve my intellectual skills and reorganizing one's life in addition to sports in daily practice. Nonetheless, being part of UNISEC organization brought me the way to be more connected with people globally. At a glance, it is a great occasion to share and discuss different thoughts and ideas from scientific and cultural side.

Social distancing has made us away from each other as a necessary procedure during this epidemic. However, our instinctive behavior to struggle and sustain such situations, proved that we need all to be united and work together as one to dock into safety.



Thameur Chebbi, UNISEC-Tunisia Global Student Representative participated in the project on June 6th, 2020.

How to participate?



If you are a UNISEC-Global student representative or a student member, please do the following:

- 1) Write a message which describes how you try to stay positive and/or how UNISEC-Global activity helps you to maintain positivity and productivity during pandemic.
- 2) Send us your message and photo or image to <u>unisecglobaloffice@gmail.com</u>, in the subject of the email please write "Stay Positive Project."
- 3) Check out your and other members' messages on UNISEC-Global Facebook and Instagram pages.





Thank you for attention!

